

# Brahma Yagnam

Have marks on your forehead. Vibhuthi, sandal powder.etc.

## Aachamanam

achyuthaaya namaha, ananthaaya namaha; govindhaaya namaha. Drink water poured in your right palm. Then say kesava. Narayana, madhava, Govindha, Vishnu madhu sudana, thrivikrama, vaamana hrishikesa, padmanabha, damodara.touch the parts in your face.

Chuklaamparadharam vishnum sasi varnam chathur bhujam prasanna vadhanam dhyaayeeth sarva vignopa santhaye. Knock your forehead 5 times with your fingers closed.

## Praanaayamam

Om bhuhu, ombhuvaha,om suvaha; om mahaha, om janaha, om thapaha; okum satyam om thatsa vithur varenyam bargo they vas ya thee mahai ;thi yoyonaha prachothayaath. ,om aapo jyothiraso amritham brahma om bhur bhuva suvarom.

Mamo paaththa samastha dhurithayak shayathwara sri parameswara preeth yartham brahma yagnam karishyeh. Brahma yagyena yakshayey.

Vidhyu thasi vidhyamay paapmaana mruthaath. Clean your hands with water.

Place your right hand palm in your right thigh facing upwards and place your left hand palm facing downwards.now chant the mantras.

Om bhuhu thath sa vithur varenyam om bhuvaha bargo devasya deemahi ogum suvaha the yo yonaha pracho tha yaath;

Om bhuhu thathsa vithur varenyam bargo devasya deemahi om buvaha dhiyoyonaha prachothayaath.

Ogum suvaha thathsa vithur varenyam, bargo theyvasya thee mahai thiyo yonaha pra cho thayaath.

Harihi om agni meelae prohitham yagyasya thevam rith vijam hothaaram rathna dhaathamam.harihi om

Harihi om ishethva uurjethva vaaya vastha upaaya vastha dhevova savitha prarpayathu shreshta tha maaya karmene. Harihi om

Harihi om agna aayaahi veethaye kranaana havya dhaathayeh nihothaa sathsi barhishi harihi om.

Harihi om sanno devi rapi ishtaye aapo bhavanthu peethayeh samyo abisrava nanthunaha. Harihi om.

Om bhur bhuvastha suvaha sathyam thapaha srath thaayaam juhomi saying this pour one uthirini of water

Around your head.

Say this mantra three times with your both hands in namaskara bhaavam.

Om namo brahmane namo asthu agnaye namah pruthviiyai namaha oshatheebayaha namo vache namo vachaspathaye namo vishnavey braha they karomi.

Saying vrushtirasi vruschamay papmana mruthaath wash your hands.

Deva rishi pithru tharpanam karishye.

### **Upaveethi**

Poonal in usual position=(valam), pour water in your palms which will run away by your finger ends.

Brahma dayo yeh devaa than devan tharpayaami; sarvan devan tharpayami; sarva deva ganan tharpayami; sarva deva pathnis tharpayami sarva deva gana pathnis tharpayami.

### **Niveethi**

Wear poonal as maalai.

Pour water from your smallest finger basement area.

Krishna dhvai paaya naathaaya yeh rishyaha than rishigums tharpayaami; sarva rishi ganams tharpayaami; sarva rishi pathnis tharpayaami; sarva rishi gana pathnis tharpayaami; prajaapathim

kaanda rishim tharpayaami; somam kaanda rishim tharpayaami; agnim kaanda rishi m tharpayaami; visvaan devaan kaanda rishim tharpayaami;

### **Upaveethi Poonal Valam**

Pour water along your finger tips.

Saakum hithi devathaaha upanishathas tharpayaami

Yaakgiki theyvathaaha upanishathaha tharpayaami; vaarunee theyvathaaha upanishathaha tharpayaami

Havya vaaham tharpayaami;

### **Niveethi**

Wear poonal as malai; pour water from the smallest finger basement area.

Visvaan devan kaanda rishikum tharpayaami;

Brahmaanam svayam buvam tharpayaami. Pour water by your Manikattu ( basement of thumb)

Pour water from the smallest finger basement area

Visvan devan kaanda rishigum tharpayaami; arunaan kaanda rishikum tharpayaami; sathasas pathim tharpayaami;

### **Upaveethi Poonal Valam**

Pour water through your finger tips.

Rik vedam tharpayami; yajur vedam tharpayami; sama vedam tharpayami; atharvana vedam tharpayami; ithihaasa puraanam tharpayaami; kalpam tharpayaami

### **Praacheenaa veethi**

Poonal idam- pour water from in between thumb and index finger.

Soma pithrumam yamo angeerasvan agni kavya vaahanaathaya yeh pitharaha than pithrun tharpayaami; sarvaan pithroon tharpayaami; sarva pithru ganaan tharpayaami; sarvapithru pathnees tharpayaami; sarva

pithru gana pathnees tharpayaami uurjam vahantheehi amrutham grutham payaha keelaalam parisutham svathaastha tharpa yatha may pithrun thrupyatha; thrupyatha thrupyatha;.

### **Upaveethi Poonal Valam**

Aa brahma sthampa par yantram jagath thrupyathu saying this pour water through your base of thumb.

Aachamanam. Kaayena vaacha manase indiriyaiva budhyaath manaa vaa prakruthey svabaavaath karomi yathyath sakalam parasmy sree mon naaraayanaa yethi samarpayaami. Om thath sath.