

மஹாலய தர்பணம் 2016 - Mahaalaya Tharpanam

Six sastrigals are required for mahalaya sratham.

(1) Viswedevas

(2)Pithru pithamahar prapita mahar

(3)Mathru pithamahi prapithamahi

(4)Matha mahan mathuh pithamahan mathu prapithamahan with their wives

(5)Kaarunya pithrus

(6) Maha vishnu.

Viswedevan and maha vishnu should sit facing east. All others should sit facing north. Samaradhanai samayal; Sastrigals who are in the same kartha's gothram can sit as maha vishnu or as viswedevan.

Required things: Betel leaves;betel nut;sandal paste; ellu (gingilly seed) Raw rice; thulasi;banana fruits ;dharbai; aasana palagai or thadukku; Dhakshinai;Brass plate

(Thambalam) panchathra uthurini;Brass sombu with water. Use plenty of water for tharpanam; 3 liters of water is required for one amavasai tharpanam.

Mahalaya Tharpanam

(1)Kartha's Pitha = father--- gothraan ----(name) sharmanaha vasu roopan pithrun swadha namas tharpayami.(3 times.to all).. grand father=pitha mahar ---- gothran----(name) sarmanaha rudra rupan pitha mahan swadha namas tharpayami .father's grand father= prapitha mahar ----- gothran----(name)---sharmanaha adithya rupan swadha namas tharpayami-

(2), Kartha who is having no mother maatha=mother----gothraha----(-name) thaaha vasu rupaha mathru swadha namas tharpayami. Father's mother) =pithamahi -----gothraha-----(-name)— thaahaa rudra roopaha pithamahi swada namas tharpayami father's grand mother =prapithamahi-- gothraha-(name)---aadithya ropaha prapitha mahi swadha namas tharpayami

(2A) If the kartha's mother is living kartha should do like this; father's mother=pithamahi---- gothraha----(-name)--thaaha vasu rupaaha pitha mahi swadha namas tharpayami father's grand mother=-----gothraaha-----(-name) thaha rudra rupaha pithuh pithamahi swada namas tharpayami grand father's grand mother=pithuhu prapitha mahi----gothran----(name)--- thaaha aadithya rupaaha pithuh prapitha mahi swada namas tharpayami

(3) (Kartha's father's second wife (if any) ----- Gothraaha -----(name) thaaha vasu rupaha sapathee mathrus swada namas tharpayami.

(4) Kartha's mother's father =maatha mahan ----gothran----(name)-sarmanaha vasu rupan maatha mahan swadha namas tharpayami mother's grand father=maathuh pithamahan-----gothran----(name)-sharmanaha rudra rupan mathuh pithamahan swada namas tharpayami grand father's

grand father =maathuhu prapithaa mahan-----gothran ----(name)sarmanaha aadhithya rupan mathuhu pra pithaa mahan swadha namas tharpayami

(5) Karthavin mother's mother=grand mother-----gothraaha-----(-name) thaaha vasu rupaha matha mahi swadha namas tharpayami kartha's mother's grand mother-----gothraha---(-name) thaaha rudra rupaha mathuhu pitha mahi swadhah namas tharpayami grand mother's grand mother=maathuhu prapitha mahi---gothraaha----name thaaha aaditya rupaha maathuhu prapitha mahi swadah namas tharpayami

(6) Kartha's father's elder /younger brother=chithappa/ periappa -----gothran -----(-name)-- sarmanaha vasu rupan swadah namas tharpayami

(7) Kartha's younger/elder brothers -----gothran ----(-name)-sarmanaha vasu rupan braathrun swadah namas tharpayami

(8) Kartha's son -----gothraan----(- name)sarmanaha vasu rupan putran swadah namas tharpayami

(9)Kantha's father,'s sister: younger/elder= athai -----gothraha-----(-name) thaaha vasurupaha pithru bagini swadah namas tharpayami

(10)Kantha's mother's brothers younger/elder-----gothran---- (name)- sarmanaha vasurupan mathulan swadah namas tharpayami

(11) Kartha's mother's sisters: elder/younger -----gothraha-----(-name) thaaha vasu rupan mathru bagini swadah namas tharpayami

(12) Kartha's son in law -----gothran-----(-name)-sarmanaha vasu rupan jaamaatha swadah namas tharpayami

(13) Kartha's sister-elder/younger -----gothraaha ----(-name) thaaha vasurupaha bagini swadah namas tharpayami

(14) Kartha's daughter -----gothraha ----(-name) thaaha vasu rupaha puthree swadah namas tharpayami.

(15) Kartha's wife-----gothraha ----(-name) thaaha vasurupaha pathni swadah namas tharpayami

(16) Kartha's father in law -----gothraan-----(- name)-sarmanaha vasurupan swasroon swadah namas tharpayami

(17) Kartha's sister's husband -----gothran -----(- name)--sarmanaha vasurupan paavukaan swadah namas tharpayami

(18) Kartha's daughter in law=====gothraha----(-name) thaaha vasurupaha snushaa swadah namas tharpayami

(19) Kartha's wife's brother younger/elder -----gothran-----(- name)--sarmanah vasurupan syaalakaan swadah namas tharpayami

(20) Brahmaopadesam : Guru-----gothran --- (name)-sarmanaha vasurupan gurun swadah namas tharpayami

(21) Aachaaryan= teacher who teached vedam -----gothran----- (name) -sarmanaha vasu rupan aachaaryan swadah namas tharpayami

(22) Swami=employer the person who is giving salary every month if he is a brahmin, kartha may do -----gothran---(name)-sarmanaha vasurupan swaminaha swadah namas tharpayami

(23) Kartha's close friends -----gothran---(name)-sarmanaha--vasurupan sakeen swadah namas tharpayami.

Sraddha kandam 2nd part page no 256 tells us to do mahalaya tharpanam in the same order serial number wise. Others are not Kaarunya pithrukkal.

Take your bath; have mark on your forehead, do sandhya vandhanam and gayathri japam.

Take another bath by 10-30 A.M. wear pancha kachcham dhothy and start doing tharpanam;

Achamanam

Achuthaaya namaha; ananthaaya namaha: govindhaaya namaha: pour 3 drops of water panchathra uthirini in your palm and drink it . three times while saying namaha.

Saying Kesava narayana touch your chin right and left by your thumb;

Saying maadhava govindha touch your eyes right and left with your ring finger;

Saying vishnu madhusudhana touch your left and right nose by your first finger:

Saying thrivikrama and vaamana touch your left and right ears by your short finger and

Saying sridhara and hrishikesa touch your right and left shoulder by your middle finger:

Saying padhmanaabha touch your chest with all your fingers and say dhaamodhara and touch your head with all your fingers.

Suklambharatham vishnum sasi varnam chatur bujam prasanna vadhanam dhyaa yeth sarva vignopa saanthaye ;strike five times in your forehead with your fingers.

praanaayaama;touch your nose with your fingers and say om bhoohu; om bhuvaha; ogum suvaha.

Om mahaha; om janaha. Om thapaha. Ogum sathyam. Om thath sa vithur

varenyam bargo theyvasya theemahi; thi yo yonaha pracho thayaath; om aapo jyothiraso amrutham brahma om bur buvas suva rom ;

Sankalpam

Put your left palm on your right thigh and put your right palm on your left hand palm and tel

Mamo paatha samastha dhurithyak shayathvaara sri paramesvara preeth yartham

Apavithra pavithrova sarvaavasthaam gathoopivaa yasmaraeth pundarikaaksham sabaahya
apyanthra suchihi maanasam vaachikam paapam karmanaa samuparjitham sri raama, raama, raama,
thither vishnuhu thathaa vaaraha nakshathram Vishnu revacha yogascha

Karanam chaiva sarvam Vishnu mayam jagath sri govindha govindha govindha athya sri
bhaghavathaha mahaa purushasya vishno aakyayaa pravartaha maanasya aathya pruhmanaha
thvitheeya paraarththey swedha varaha kalpey vaivas vatha manvanthrey

Ashtaa vimshathee thamey kali yugae prathamay paathey jamboothveepey bharatha varushey
bharathah kantey meroho thakshiney parsvey caali vaahana shakaapthey asmin vartha maaney
vyava haarike prabhavaathi shashti samvathsaraanam madhye-----

Naama samvathsarey thakshinaayaney varsha ruthow kanyaa maasey Krishna pakshey -----
punya thithow-----vaasara yukthaayaam-----nakshathra yukthaayaam

-----naama yoga-----karana yevanguna sakala visheyshana vishistaayaam asyaam
vardhamaanaayam-----punya thithow (praacheenaaveethi) poonal on right shoulder -----
---gothraanaam---(tell your gothram) -----sarmanaam

(tell the names of your father, grand father, grand,grand father) vasu rudhra aadhithya
svaroopanaam asmath pithru pithaa maha prapitha mahanam

(kartha who has no mother must tell this) -----gothraanaam(tell your gothram)

----- (Tell the Names of your mother, grand mother, grand grand mother) thaanaam vasu
rudhra aadhithya svaroopanaam asmath maathru, pithamahi prapithamahinaam)

(Kartha whose mother is alive must tell this) -----gothraanaam-(your gothram)-----
----- thaanaam (tell the names of your father"s" mother, father"s grand mother, grand mother"s
grand mother) vasu rudhra aadhithya svaroopanaam asmath pithamahi, pithuhu
pithamahi,pithuhu prapithamahinaam

(mother"s" father gothram)-----gothraanaam-----sarmanaam (tell the names of
mother"s" father. Mother" grand father and mother"s" father"s grand father) vasu rudhra aadhithya
svaropaanaam asmath sa pathneeka maatha maha, maathuhu pithaamaha, maathuhu
prapithamahaanaam upaya vamsa pithroonaam akshya thrupthi yarththam

Thath thath gothranam thath thath sharmanam vasu vasu swarupanam pithruvya mathulathi
vargadwaya avasishtanam sarvesham kaaruneeka pithrunamcha akshya thrup thiyartham kanya
gathe savithari aashadyathi panchama parapaksha punyakaaley sa kaaruneeka

varghadwaya pithrun udhishya adhya prapruthi aagaami prathipath paryantham anudhinam
karthavya mahalaya sraddham thila tharpana roopena adhya karishyei.prathama thina dharsa
sraatham thila tharpana roopeyna adhya karishye.

From second day onwards tell thivitheeya thrutheeya, chathurtha, panchama, Shasta, bapthama,
ashtama, navam, dasama, eakaadasa. Dwaadasa, thrayodasa, chathurdasa, panchadasa,
shodasadasa thina thila tharpanamathya karishye.

It is not required that you have to do the same procedure next year as well if you do this daily this year. It will take only 30 minutes to do this. From next year you may or may not do like this.

On any one day bhojanam (meals) for at least 2 sastrigals after this tharpanam must be done. Samaaradhanai samayal.

During mahalaya tharpanam in addition to these you have to do tharpanam for kaarunya pithrukkal also.

Who are kaarunya pithrukkal?

Your father's second wife if any, For your father's younger or elder brothers, your own brothers elder or younger, your own sister's younger or elder, for your father's sisters', for your son in law and daughter in law, your daughter, wife, your friends.

You can do tharpanam for those who have expired in the above kaarunya pithrukkal list only during this mahalaya paksham period. By chanting their gothram and name. If it is not known you have to say that that gothram that that name vasu vasu swaroopan in pthru and mathru vargam to all kaaruneeka pithrus i am doing tharpanam. say 3 times.

Retired persons can do this tharpanam daily for these 16 days. But for office goers they can do only on one day within these period this tharpanam along with 6 sastrigals with mantras.

- (1) one sastrigal or pandit for the aavaahanam of visweadevar,
- (2). father , granfather, father's grandfather.
- (3)mother.father's mother and father's grand mother.
- (4) Mother's father, grand father, grand grand father withm their wives
- (5) for all kaarunya pithrukkal
- (6) Maha vishnu.

You have to inform these 6 sastrigals well in advance to come to your house on one particular day. For instance you may request them to come on your father' s or mother's death thithi . Which must come in these fifiteen days . or any other day such as bharani star day, astami day dwadasi day .

If you ask them to come on your father's thithi day no problem. you should not do mahalaya sratham on those days in which the birth star of youeself, your wife's and your sons's comes on these 15 days. on other day,s please see the panchangam star's and thithi and fix one day . call them give them gingilly oil and soap nut powder and request them to take oil bath in your house in hot water.

You may provide them 6 9x5 cotton dhoties. and feed them with samaaraadhanai samayal . and give them dakshinai.

Now a days Sastrigals are not available, so some of the people are doing one day sratham with 2 or 3 sastrigals without dhoties and with meals and dakshinai. Most of the people are giving them raw rice and plantain fruit and dakshinai after duly aavaahanam as

(1) for pithru and mathru vargam and kaarunya pithrus and

(2) maha vishnu and visweddevar.

For those who are doing 16 day's daily Mahalaya tharpanam they must on one day feed the sastrigals with dakshina. ON amavasya day they have to do first amavasya tharpanam and then they have to do mahalaya tharpanam.

On 14th day= chathurdasi day you have to do sratham for those who met their death by accident, murdered, or killed by animals or death by suicide or by consuming poison. For normal death persons you should not do mahalaya sratham on chathurdasi day.

On deepaavali day if amavaasai comes on the same day you must take oil bath at 4 A.M. ,wear new clothes and do sandhya and gaayathri japam after putting sacret marks on forehead. After 10 A.M. take bath and do amavasai tharpanam and in the evening or at night you can take deepaavali sweets and savoury, Purchased sweets and savoury for deepaavali can be taken on the next day evening.

Mahalaya Tharpanam

Have snaanam, wear madi vasthram. wear pavithram,wear 3 dharbhams do suklaambaradaram= praanaayaamam= sankalpam= upaya vamsa pithrunam, pithruvya maathulaatheenaam sarveshan kaarunya pithrunaamcha akshaya thrupthi artham,kanyaagathe savethary, aashhaadyaathee panchamaa para paksha punya kaalea paksha mahaalayea prathama dina thila tharpanam karishyae.

Throw the dharbham in north west side, then upaveethee, touch water, then do praacheenaaveethy and clean the floor where you are going to do tharpanam. chanting apea thaveetha cha sarpa dhatho yethra sthala purana ye cha noothanaaha,adhathi tham yamo vasaanam pruthivya agrannimam pithro lokasmai. throw the dharbai.

Spread ellu by chanting apahathah asura rakshagumsi pisaacha ye kshayanthy prithivi manu anyathrae dho ghachanthu yathraishaam gatham manaha.

Upaveetham

Spread water by chanting apavithra pavithrova sarvaavastham gathopiva yas smareth pundareekaaksham sa bhaya abyanthara suchihi boorbhuvasarom,bhurbhuvasvarom, boorbhuvassuvaha.

Pracheenaveetham (Aavahana Mantram)

AAyaathas pitharas somya gambheeraihi pathibhihi poorvaihi, prajam asmabyam dhathorayincha dheerghayuth vancha sadha shaarathancha. Asmin koorcheagothraan.....sarmanaha vasu rudhra aadhithya swaroopaan asmath pithru pithamaha prapithamahan, gothrahathaahaa vasu rudhra aadhithya roopaaha asmath maathru pithamahi prapitha maheescha aavaahayami.

.....gothraanaam.....sarmanaha, vasu rudhra aadhithya swaroopan asmath sa pathneeka maathaamaha maathru pithamaha mathrupapithamahanam aavaahayami.

Aasana Mantram

Sakruthaas chinnam .barhi ruurnam ruthuhu syaanam pithrupyasthvaa paraamyaham asmin seethathumeay pitharas soomyaahaa pithaamahaaha prapithaamahaaha .anugaisaha. vargadhwaya pithrunaam idhamaasanam. chanting this put 3 dharbhai near koorcham.

Vargathdwaya pithroonaam sakala aaradhanais swarchidham. spray ellu. Or separate koorcham for pithru and mathru vargam.

Pithru Vargha Tharpanam

1.1 udheerathaam avara uthparaasaha unmathya maahaa pitharaha somyaasaha asumya ee u hu avruka ruthagyaas theeno vanthu .pitharohaveshoo,gothran....sarmanaha vasu roopan pithroon swadha namas tharpayami.

1.2. Angeera so naha pitharo navakvaa atharvano prukavas somyaasaha theeshaam vayakum sumathou yakgiyaanaamapi pathre .sowmanasae syaamaha.gothran....sarmanaha vasuroopan pithroon swadha namas tharpayaami.

1.3. aayanthu naha.pitharas somyasso aknish vaathaaha pathibir thevayanaihi asmin yakge svathayamathanvathi bruvanthuthey. .avganth vasmaan.gothran....sarmanaha vasu roopaan pithroon swadha namas tharpayaami.

2.1. Oorjam vahanthehi amrutham grutham payaha kilaalam paraisrutham svathaastha tharpayathamay.pithrun.gothran.....sarmanaha rudhra roopan pithamahan swadha namas tharpayami.

2.2. Pithrubias svathaavibyas svathaa namaha pitha mahepyas svathaabyas svathaa namaha prapithapahebyas svathaavibyas.swadha namaha.....gothran.....sarmanaha rudhra roopan pithamahan swadha namas tharpayami.

2.3. ye che ha pitharo ye cha neha yaakumscha vithma yaakum uchana pra vithma akne than vetha yathithey jaatha vetha sthayaa pprathakus

swadaya madanthu.....gothran.....sarmanaha rudhra roopan pithamahan swadha namas tharpayami.

3.1. Madhu vatha ruthayethey madhu kshranthi sinthavaha maathveer na santh.voshadheehi.....gothran.....sarmanaha Adhithya roopan prapithamahan swadha namas tharpayami.

3.2. Madhunaktha muthashasee madhuvath paarthivakum rajaha madhu thyav rasthunaha pithaha.....gothran.....sarmanaha Adhithya roopan prapithamahan swadha namas tharpayami.

3.3. Madhumaano. Vanaspathir madhumagum asthu suryaha madhvir gaavo .bavanthunaha..... gothran.....sarmanaha Adhithya roopan prapithamahan swadha namas tharpayami.

Maathru Vargam

..... Gothrahaa.....thaaha vasuroopaha maathru swadha namas tharpayami. (3 times)

..... Gothraha.....thaaha rudhra roopaaha pithamahi swadha namas tharpayami.(3 times)

..... Gothraaha.....thaaha aadhithya roopaaha prapithamahi swadha namas tharpayami.(3 times)

Matha Maha Vargha Tharpanam

1.1. Udheeratham avara uthparasaha unmadhyamaahaa pitharaha somyaasaha asumya ee uuhu avruka ruthakgas theno vanthu pitharo haveshugothran.....sarmanaha vasurupan matha mahan swadha namas tharpayami.

1.2 Angeeraso namaha pitharo navakva atharvano brukavas somyaasaha theysham vayagum sumathow yakgiyaanaam apipathrey sow manasey syaama.....gothran.....sarmanaha vasu roopan matha mahan swadha namas tharpayami.

1.3. Aayanthunaha pitharas somyaaso aknish vaathaa ha pathipir devayanaihi asmin yakgye svathayaa madhanthb vathee bruvanthuthey avanthassmaan.....gothran.....sarmanaha vasu rupan matha mahan swadha namas tharpayami

2.1.Oorjam vahanthee amrutham krutham payaha keelaalam parisrutham svathaastha tharpayatha may pithrun.....gothran.....sarmanaha.. mathuhu pithamahan rudhra roopaan swadha namas tharpayami

2.2.pithrubhys svathaabyas svathaa namaha pithaa mshrbayas svathaabyas svathaa namaha prapithaa mahebyas svathaabyas svathaa namahagothran.....sar manaha. Mathuhu pithamahan rudhra rupan swadha namas tharpayami

2.3.Ye cha ha pitharo ye chaneha yaakumscha vithma yaakum uchana pra vithma akne than vetha yathithey jaatha vedhas thayaa prathakus svadhayaa madhanthe.....gothran.....sarmanaha. Mathuhu pithamahan rudhra rupan swadha namas tharpayami

3.1.Madhuvatha ruthaayathey madhu ksharanthi synthavaha madhvir na santho oshadhihi.....gothran.....sarmanaha mathuhu prapithamahan aadhithya rupan swadha namas tharpayami.

3.2.Madhunakthamuthoshathi madhumath paarthivakum rajaha madhu dhyow rasthu na pithahagothran.....sar manaha maathuhu prapithamahan aadhithya rupan swadha namas tharpayami.

3.3.madhuman no vanaspathir madhumagum asthu suryaha madhvir gaavo
bhavanthunaha.....gothran.....sa rmanaha mathhu prapitha mahan aadhithya rupan swadha
namas tharpayami

Maathaa Mahi Vargam

..... Gothraha.....thaaha vasuroopaaha matha mahee swadha namas tharpayami (3 times)

.....gothraha.....thaaha rudhra rupaha mathuhu pitha mahee swadha namas tharpayami.(3
times)

.....gothraha.....thaaha aadhithya roopaha mathuhu prapitha mahee swadha namas
tharpayami.(3 times)

KAARUNYA PITHRUKKAL FROM SERIAL NO.6 TO 23, who are all not alive now you have to do 3
times each for those persons.

(6) Kartha's father's elder /younger brother=chithappa/ periappa -----gothran -----(name)--
sarmanaha vasu rupan swadah namas tharpayami 3 times to all.

(7) Kartha's younger/elder brothers -----gothran ----(name)-sarmanaha vasu rupan braathrun
swadah namas tharpayami

(8) Kartha's son -----gothraan----- (name)sarmanaha vasu rupan putran swadah namas
tharpayami

(9)Kartha's father,'s sister: younger/elder= athai -----gothraha----- (name thaaha vasurupaha
pithru bagini swadah namas tharpayami

(10)Kartha's mother's brothers younger/elder-----gothran---- (name)- sarmanaha vasurupan
mathulan swadah namas tharpayami

(11) Kartha's mother's sisters: elder/younger -----gothraha----- (name) thaaha vasu rupan mathru
bagini swadah namas tharpayami

(12) Kartha's son in law -----gothran----- (name)-sarmanaha vasu rupan jaamaatha swadah namas
tharpayami

(13) Kartha's sister-elder/younger -----gothraaha ----- (name) thaaha vasurupaha bagini swadah
namas tharpayami

(14) Kartha's daughter -----gothraha ----(-name) thaaha vasu rupaha puthree swadah namas
tharpayami.

(15) Kartha's wife-----gothraha ----(-name) thaaha vasurupaha pathni swadah namas tharpayami

(16) Kartha's father in law -----gothraan----- (name)-sarmanaha vasurupan swasroon swadah
namas tharpayami

(17) kartha's sister's husband -----gothran ----- (name)--sarmanaha vasurupan paavukaan swadah
namas tharpayami

(18) Kartha's daughter in law=====gothraha----(name) thaaha vasurupaha snushaa swadah namas tharpayami

(19) Kartha's wife's brother younger/elder -----gothran----- (name)--sarmanah vasurupan syaalakaan swadah namas tharpayami

(20) Brahmaopadesam : Guru-----gothran --- (name)-sarmanaha vasurupan gurun swadah namas tharpayami

(21) Aachaaryan= teacher who teached vedam -----gothran----- (name) -sarmanaha vasu rupan aachaaryan swadah namas tharpayami

(22) Swami=employer the person who is giving salary every month if he is a brahmin, kartha may do -----gothran---(name)-sarmanaha vasurupan swaminaha swadah namas tharpayami

(23) Kartha's close friends -----gothran---(name)-sarmanaha--vasurupan sakeen swadah namas tharpayami.

If you dont know the gothram and name now you have to do as follows:

Thath thath gothraanam thath thath sarmanaha vasu vasu rupoonam pithruvya mathulaatheen vargadwayaa vasistaan sarvaan kaarunya pithrun swadha namas tharpayami.

Thath thath gothran thath thath sarmanaha vasu vasu swaroopan pithruvya maathulaatheen vargadwaya vasistan sarvaan kaarunya pithrun swadha namas tharpayami.

Thath thath gothraan thath thath sarmanaha vasu vasu swaroopan pithruvya maathulaatheen vargadwaya vasistaan sarvaan kaarunya pithrun swadha namas tharpayami.

Gyaatha agyaatha vargathdwaya pithrun/karunya pithrun cha swadha namas tharpayami (3 times)

OOOrjam vahantheehi amrutham grutham payaha keelaalam parishrutham svathaastha tharpayatha may pithrun thrupyatha,thrupyatha,thrupyathaha.

Upaveedham

Namovaha pitharo rasaaya, namo vah pithras sooshmaaya , namo vah pithro jeevaaya, namo vah pithras swadhaayai, namo vah pithro manyave , namo vah pithro ghoraaya,

pitharo namo vo ya ethasmin lokhestha ushmaghushthey anu ye ye ye asmin lokhe maan theanu ya ethasmin lokhe astha yuyam theysham vasishta booyaasthayea asmin lokhe

aham theysham vasisto booyaasam.

Devadabyashscha pihrubhyascha maha yogibyascha evacha namas swadhayayai swahayaiyai nithya meva namo namaha. 3 pradhakshinam, namaskaram abhivaadhanam.

Pracheenaaveedhi

Uthistathaha pithraha pretha soora, yamasya pantha manvetha puraanam .dathaasdhasmaasu dravinam yacha badhram prano bhroothaat bhaghadhan deva daasu

or

AAyaatha pitharaha somya gambeeraihi pathibir poorvaihi prajaa masmabyam thadhatho rayincha theerkaayurvancha sadhashaaradhanja.

Asmaath koorchath sath neeka pithru pithamaha prapithaamahan, mathru pitha mahi prapithamahi nam sa pathneeka matha maha mathuhu pithamahan mathuhu praithaan kaarunya pithrun cha yatha sthaanam prathista payaami.

koorcham pirikkavum. take it on your hand and do kucho dhakam to Yeshaam na matha, na pitha, na bhandhuhu naanya gothrinaha, they sarvey thrupthi maayaanthu mayoth srustaihi kuchothahai.thrupyatha,thrupthya, thrupthayaha.

Upaveedhi, pavithram removal aachamanam .sastrigal sambhavanai. Do brahma yagnam; THEN do your daily poojas and then take meals. At night for you and to your wife only tiffin or milk and fruit.

On amavasya day first do amavasya tharpanam and again do this kaarunya pithru tharpanam.